

## **FUN IN THE PARKS**

### **Denny Park**

Little Champs  
Fridays, 4/25-5/16  
Session 1: 3pm-3:45pm  
Session 2: 4pm - 4:45pm

### **Sammartino Park**

Beginners Birding 4/26  
Earth Day Clean Up 4/26  
Paint & Plant  
Community Garden 5/31

### **Evergreen Park**

Paint & Plant Veggies 5/24

### **Scharmyn Park**

Movie in the Park  
Elemental 6/6

**MARK YOUR  
CALENDAR!**

### **SPRING CLEAN UP**

Saturday April 26<sup>th</sup>  
Contact Jackie at  
(412) 931-7055  
by April 21<sup>st</sup>  
for information.

### **FISHING TOURNAMENT**

Evergreen Community Park  
Saturday July 12<sup>th</sup>  
Sunday July 13<sup>th</sup>  
Information at [Ross.pa.us](http://Ross.pa.us)

## **HEALTH & FITNESS**

### **Flow Yoga-Evergreen Park**

Becki Riberich RYT ACE-CPT  
12-week session  
Tuesdays , 6:00 pm - 7:00 pm  
April 1- June 17  
Ross Residents: \$96  
Non-Ross Residents: \$120

### **Gentle Yoga**

**ALL LEVELS WELCOME!**

Becki Riberich, RYT, ACE-CPT

12-week session  
Wednesdays, 10:00 am - 11:00 am  
April 2 - June 18  
Ross Residents: \$96  
Non-Ross Residents: \$120

### **Zumba**

Instructor: Chris  
12-week session  
Mondays, 6:00 pm - 7:00 pm  
April 7 - June 30 (no class May 26)  
Ross Residents: \$96  
Non-Ross Residents: \$120

### **Tai Chi**

Sifu David Slaughter, Head Instructor  
12-week sessions  
April 3 - June 19  
Thursdays, Advanced: 12:30 pm - 1:30 pm  
Thursdays, Beginners: 1:30 pm - 2:30 pm  
Ross Residents: \$96  
Non- Ross Residents: \$120

# **ROSS TOWNSHIP PROGRAMMING GUIDE SPRING 2025**

**April - June  
Effective April 1**



**[Ross.pa.us](http://Ross.pa.us)  
(412) 931-7041**

## **SENIOR ACTIVITIES**

### **Senior Fitness**

Becki Riberich, RYT, ACE-CPT

12 Week session (24 classes)

Tuesdays & Thursdays

9:00 am - 10:00 am

April 1- June 19

Ross Resident: \$96/Non-Resident: \$120

### **Chair Yoga**

Becki Riberich, RYT, ACE-CPT

12-week session

Thursdays

10:15 am - 11:15 am

April 3 - June 19

Ross Resident: \$96/Non-Resident: \$120

### **Line Dancing Class**

Instructor: Joann Garver

12-week Sessions;

Wednesdays, 1:00 pm - 2:30 pm

**NO WALK INS ON WEDNESDAYS**

**FULL SESSION ONLY**

April 2- June 18

Thursdays, 7:00 pm - 8:30 pm

April 3 - June 19

Resident: \$48/Non-Resident: \$60

### **ZUMBA Gold**

12-week session;

Wednesdays, 8:30 am - 9:30 am

April 2 - June 18

Ross Resident: \$96/Non-Resident: \$120

## **DAYTIME GROUP ACTIVITIES**

<b>Ross Yarn Group</b> Mondays 11:30pm-2:00pm	<b>500 Bid</b> Mon & Fri 11:00am-3:00pm
<b>Ross Carvers</b> Tuesdays 9:00am-12:00pm	<b>Mah Jongg</b> Tuesdays 12:30pm-3:30pm

### **Weekday Pressure Free Pickleball**

Monday, Wednesday, Thursday

1 pm - 3 pm

Call (412) 931-7041

for more information

\$5.00 Residents & Non- Residents

## **Gym Times**

Please refer to the  
website:  
**Ross.pa.us**  
for gym times and fees.



**Register online at Ross.pa.us**



### **NORTHLAND PUBLIC LIBRARY**

#### **return box**

The return box is located just outside the main entrance to the Ross Community Center. For information please visit:

[www.northlandlibrary.org/services/offsite-materials-return/](http://www.northlandlibrary.org/services/offsite-materials-return/)

#### **GAME ROOM/PLAYROOM**

Mon-Thurs	8:00am - 8:00pm
Friday	8:00am - 3:30 pm
Sat/Sun	1:00pm - 5:00pm